

Sean Plunkett – Sound Recordist Curriculum Vitae

www.seanplunkettsound.com
seanplunkettsound@gmail.com

+44 (0)74 630 18990

'I have always found Sean to be very reliable and hard working. He takes his tasks very seriously and is always professional ... I cannot recommend him highly enough.'

Liam O'Neill – Paradox Pictures, Producer of 'See You At the Pictures' (for Planet Korda Pictures).

Professional Summary

I am a location sound recordist for TV and video based in London. I also have a base in Dublin. I have been recording sound since 2010 and have experience across a wide range of productions, both in Ireland and the UK. I provide a friendly, professional and efficient service, as well as the equipment, which allows producers and directors to rest assured that audio is being taken care of on their production.

Expertise

Corporate Video	Corporate videos for internal use, commercials, online branded content and livestream conferences for numerous international brands.
TV Factual	Observational documentary, reality TV, presenter-led documentaries, current affairs, multi-camera reveal, cooking shows, crime recreation and more.
Live TV and Outside Broadcast	I have worked as a Sound Assistant and Grams Operator (cueing sound effects and music tracks) for live sports and studio-based live TV.

Corporate Video

I believe in clear communication before each shoot regarding schedules and technical requirements. Advance planning is key but flexibility is equally important.

On every shoot, I know that I am not only representing myself, but my client. I always put my best foot forward.

Corporate Video - Here are just some of the brands I have worked for:

McDonald's
Barclay's Bank
Cadbury
BMW
Sharky Does Sports

Lloyds Bank
Unilever
Guardian Labs x Belazu
HSBC UK
UPS

Sainsbury's
St James's Place
Powers Whiskey
Mr Porter
Ulster Bank

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Corporate Video - I work on an ongoing basis with a number of leading production companies in the UK and Ireland, including:

Quite Frankly Productions Brickwall Take One Productions Bottle	Parkes Productions Hub Agency Two Degrees Below Whitestone Media	Limehouse Films Detail Films Rocking Horse Films Voytek
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TV Factual – Here is a selection of my credits:

2023	Uncanny	BBC Two	BBC In-House
2022	Con Girl	Paramount Plus	CJZ
2022	The Mystery of the Nativity	Sky Arts	ZCZ Films
2021	Ireland's Fittest Families	RTÉ One	Kite Entertainment
2020	Disney Insiders – Eoin Colfer	Disney Plus	The Reelists
2020-2021	Gogglebox Ireland	Virgin Media	Kite Entertainment
2018-2020	Car SOS	More Four	Renegade Pictures
2017	Big Sky, Big Dreams, Big Art: Made in the USA	BBC Four	ZCZ Films
2016	Dating in the Dark	ITV2	Two Four
2015	The Renaissance Unchained	BBC Four	ZCZ Films
2014-2017	The One Show	BBC One	BBC In-house
2012	See You at the Pictures	RTÉ One	Planet Korda Pictures

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TV Factual – In detail

Below I have expanded on three of my TV Factual credits and discuss my responsibilities in more detail.

Gogglebox Ireland	Virgin Media	Kite Entertainment	2020-2021
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I was the series sound recordist for two seasons. My responsibilities included:

- Putting radio mics on talent
- Feeding audio to speakers for talent
- Feeding audio to headphones for production crew
- Setting up a talkback system for the director to communicate with talent
- Covid compliance. Adhering to strict hygiene and social distancing procedure

Car SOS	More 4	Renegade Pictures	2018-2020
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I recorded sound on two episodes of this popular car show. Talent were primarily recorded on radio mics. Setups included:

- Presenter pieces (often in a moving car)
- Two-way (or more) conversations between the two presenters and contributors
- 'Reveal' set ups. In each episode, the car owner doesn't know their car has been restored. The reveal has to come as a surprise. This involves preparation, discretion and thinking on your feet to get those all-important genuine reactions.

The Mystery of the Nativity	Sky Arts	ZCZ Films	2022
Big Sky, Big Dreams, Big Art: Made in the USA	BBC Four	ZCZ Films	2017
The Renaissance Unchained	BBC Four	ZCZ Films	2015
Rococco: Travel, Pleasure, Madness	BBC Four	ZCZ Films	2013

I have worked with ZCZ Films for over 10 years, shooting in various countries across Europe, in the USA and in Palestine. These are presenter-led arts documentaries. Logistics are an important part of these shoots, including driving, flights and organising carnets for my audio equipment.

Live TV and Outside Broadcast – As a Sound Assistant and Grams Operator

Responsibilities:

- Working in a large team
- Communicating with the Sound Supervisor
- Building commentary and pitchside interview positions for live sport

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- Setting up stage boxes
- Setting up radio mic racks and allocating radio frequencies
- Making setups safe for crew and members of the public
- As a Grams Operator, cueing sound effects and music tracks for studio-based live TV

Live TV and Outside Broadcast – Here is a selection of my credits:

2020	Dancing with the Stars	Grams Operator	Shinawil/NEP	RTÉ One
2018	Fleadh TV	Sound Assistant & ENG Sound Recordist	Gifted Empire Productions/ Riverside Television	TG4
2018	Ireland's Got Talent	Grams Operator	Green Inc/NEP	Virgin Media
2017-ongoing	Soccer, rugby, GAA and other sports	Sound Assistant	NEP, TVM, Cloudbase & Telegenic	Various channels

Education

2005-2009	BA (Hons) in Film and TV Production	National Film School Dun Laoghaire Institute of Art, Design and Technology Dublin, Ireland
2023-ongoing	Audio Post Essentials: Sound Design Course for Film & TV Using Pro Tools	344 Audio, Manchester, United Kingdom

Equipment

1 Sound Devices 833 Recorder/Mixer
 4 Wisycom 30S Transmitters and MCR54 Quad Receiver with Sanken Cos 11 lavs
 1 Sennheiser MKH-8060
 1 Sennheiser MKH-50
 3 Sennheiser G3s with Sanken Cos 11 lavs
 3 Tentacle Timecode Sync Boxes
 1 Director's IEM

I'll always provide the right equipment for each project. If you need something extra for your shoot, I have accounts with several rental houses.

I have an EU Passport.

I have an iVisa for Foreign Media Representation in the USA. It is valid until 2028.

I have a full driving licence and my own transport.